

Wendy Vineyard's

# Inspirational Reading List

I developed a powerful habit of reading an inspirational book for 30 minutes every morning to set the tone for my day. I strongly urge you to develop your own reading habit – either at the start or the end of your day.

Below is a list of my favourite personal development books that will help you on your life journey.

These books may provide you with different perspectives than the ones you have now. Become curious and open to how you can think differently, make better choices and develop better daily habits to achieve your goals.

I suggest you take the time to read the same book several times – you're a different person every time you read it, and repetition is the mother of mastery

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1. A Return to Love, Marianne Williamson
2. Ageless Body, Timeless Mind; Reinventing the Body, Resurrecting the Soul, Deepak Chopra
3. Awaken the Giant Within, Anthony Robbins
4. Breaking the Habit of Being Yourself, Dr. Joe Dispenza
5. Excuse Me Your Life is Waiting, Lynn Grabhorn
6. Excuses Begone; The Power of Intention; You'll See It When You Believe It – all by Wayne Dyer
7. Feel the Fear and Do it Anyway, Susan Jeffers
8. Life Strategies, Phillip C. McGraw
9. Love for No Reason, Marci Shimoff
10. Quantum Warrior: The Future of the Mind, John Kehoe
11. Supreme Influence – Change Your Life with the Power of the Language You Use, Niurka
12. Taming Your Gremlin, Rick Carson
13. The Attractor Factor, Joe Vitale
14. The 5 Laws that Determine All of Life's Outcomes, Brett Harward
15. The Four Agreements, Don Miguel Ruiz
16. The Magic Bullet, Allan R. Baylis
17. The Magic of Thinking Big, David J. Schwartz
18. The Power of Habit, Charles Duhigg
19. The Power of Now, Eckhard Tolle
20. The Slight Edge, Jeff Olson
21. The Success Principles, Jack Canfield
22. The Untethered Soul, Michael A. Singer
23. The Vortex, Esther & Jerry Hicks
24. The Yamas & Niyamas, Deborah Adele
25. Think and Grow Rich, Napoleon Hill
26. Too Perfect: When Being in Control Gets Out of Control, Allan E. Mallinger, MD & Jeannette Dewyze

